

The Net

St. Andrew's Anglican Church

March 5, 2017

Lenten Study Program begins this Tuesday!

Our 2017 Tuesday Lenten Study Program begins this coming Tuesday, March 7. We'll be focusing on how an intentional commitment to kindness during this Lenten season can enhance your relationships with your family and friends, at church, at work, and in other areas of your life. The study is based on the

Sign-up to contribute to the Lenten Soup & Salad Suppers at the Information Desk!

book, "The Kindness Challenge," by best-selling author and speaker Shaunti Feldhahn, with whom

Tally Whitehead, St. Andrew's director of christian formation, has worked for years. Shaunti has partnered with several Christian organizations and churches to encourage a
Read more inside



Children at St. Andrew's bury their "Alleluias" during Godly Play last Sunday in preparation for Lent, when the celebratory word of praise is omitted from the Liturgy. See more pictures of this and other activities leading up to Lent in next week's edition of "The Net."

'Embrace the Journey'

Sunday morning Adult Forum to look at end-of-life issues



"Embrace the Journey," an eight-week program formulated by Anglicans for Life, will begin Sunday, March 5, during the Adult Forum from 10:15 to 11 a.m. This important program will give us the theological, moral, emotional, and practical undergirding for how to face end-of-life issues. Presenters include Dr Jim Menke, Pat Carpenter, Deacon Ernie Tracy, Fr. Will Verhoff, Mother Nanci James, and Fr.

Ron Baird. Please contact Deacon Becky Spanos at 614-868-3720 with questions.

Aging and end-of-life issues are becoming a greater concern as our population ages.
Read more on the back

Lenten mite boxes to benefit 'least of these'

The Brotherhood of St. Andrew is sponsoring our annual Lenten mite box project, which this year will benefit the Anglican Church in North America's Matthew 25 Initiative, established for the purpose of expanding and developing ministries in North America that are engaged in working, living, and serving on the margins of society.

The Matthew 25 Initiative is currently funded by an anonymous donor, who reached out to Archbishop Foley Beach of the Anglican
Read more inside



Stations of the Cross to be offered Fridays

Fr. Wil Verhoff will offer the Stations of the Cross at 6 p.m. on Fridays in Lent in the Sanctuary. A potluck supper following at 6:30 p.m. in the Gathering Area. If you plan to stay for supper, please bring a dish to share. For further information, please call Fr. Wil at 704-602-8810. A sign up sheet for potluck contributions will be at the Information Desk weekly.

Collection to aid students during cold and flu season

Flu season in Ohio can begin as early as October and run as late as March. Hospitalizations due to flu continue to increase across Ohio, and at least five children have died from flu-related illnesses, according to the Ohio Department of Health.

The St. Andrew's Outreach committee, in an effort to help combat the spread
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The Daily Lectionary

Week of the First Sunday in Lent · March 5-12

Sunday, March 5 — A.M.: Psalms 24, 25, 26; Genesis 13; Matthew 9:1-17 P.M.: Psalms 27, 28, 29; Genesis 8; Mark 14:1-26

Monday, March 6 — A.M.: Psalms 30, 31; Genesis 42; Matthew 26:1-30 P.M.: Psalms 32, 33, 34; Genesis 43; Philippians 1

Tuesday, March 7 — A.M.: Psalms 35, 36; Genesis 44; Matthew 26:31-56 P.M.: Psalm 37; Genesis 45:1-15; Philippians 2

Wednesday, March 8 — A.M.: Psalms 38, 39, 40; Genesis 45:16—46:7; Matthew 26:57-75 P.M.: Psalms 41, 42, 43; Genesis 46:26—47:12; Philippians 3

Thursday, March 9 — A.M.: Psalms 44, 45, 46; Genesis 47:13-31; Matthew 27:1-26 P.M.: Psalms 47, 48, 49; Genesis 48; Philippians 4

Friday, March 10 — A.M.: Psalms 50, 51, 52; Genesis 49:1-32; Matthew 27:27-56 P.M.: Psalms 53, 54, 55; Genesis 49:33—50:26; Colossians 1:1-20

Saturday, March 11 — A.M.: Psalms 56, 57, 58; Exodus 1:1-14, (15-21), 22—2:10; Matthew 27:57—28:20 P.M.: 59, 60, 61; Exodus 2:11-22; Colossians 1:21—2:7

Sunday, March 12 — A.M.: Psalms 62, 63, 64; Genesis 18:1-15; Luke 15:11-32 P.M.: Psalms 65, 66, 67; Genesis 9:1-17 (& 11:1-9); Mark 14:27-52

Next Sunday's Lectionary · March 5 (First Sunday in Lent, Year A)

First Reading: Genesis 12:1-9

Psalm 33:12-22 (BCP 626)

Second Reading: Romans 4:1-5(6-12)13-17 **Gospel:** John 3:1-16

Prayers for the Church

Anglican Cycle of Prayer: Following the Anglican Cycle of Prayer, please pray for Bishop Madhukar Kasab and the clergy and people of the Diocese of Marathwada, one of the 26 dioceses in The Church of North India (United).

The Church of North India (United) is one of the four United Churches within the Anglican Communion and numbers some 1.3 million members.

Anglican worship within the area covered by the present Diocese of Marathwada began in 1818, when the British established their rule. The area proved to be one of the most difficult grounds for the spread of Christianity. Once conversions began, they were often spread out over vast areas. One early Indian priest had charge of 1,000 Anglicans in 110 villages. Just imagine what his Sundays were like!

The Diocese now describes itself as "one of the weakest Dioceses in The Church of North India" and consists mostly of Dalits (the formerly "Untouchable" Hindu caste) and rural communities. In 2016, The Diocese had 34 pastorates, with 150 churches served by 35 clergy and 19 missionaries. Although most congregations are small, some are quite large, as evidenced by the report that the Diocesan cathedral hosted a "love feast" for 5,000 members who were breaking their 40 day Lenten fast last year. (Everyone contributed food so that there was no cost to the cathedral for food.)

Please pray especially for continued missionary work, outreach to youth, for areas of the Diocese suffering from drought and for the Diocese's Water Project benefiting 40 villages, and for more vocations.

Diocesan Cycle of Prayer: Please pray for Fr. Lee Martin, Fr. John Harris OSM, Deacon Barbara Fischer, and the people of Christ the King Columbiana, Ohio & St. Francis of Assisi.

Parish Cycle of Prayer: Please pray for Sarah Fabian; Bill and Emily Fieger; the Young Lambs Class; and the Music Ministries.

Encouragement for your prayer time with God

In Christ Jesus, unbecome everything you were never meant to be. "In the same way, count yourselves dead to sin but alive to God in Christ Jesus. Therefore do not let sin reign in your mortal body so that you obey its evil desires." (*Romans 6:11-12*) "And in him you too are being built together to become a dwelling in which God lives by his Spirit." (*Ephesians 2:22*) — *From the St. Andrew's Prayer Ministries Team*



Daylight Saving Time resumes at 2 a.m. next Sunday, March 12. Please remember to set your clocks ahead one hour before you go to bed Saturday night. Late-comers who've forgotten can always catch the 11:15 a.m. service!

Sign up to volunteer at Common Ground today!

St. Andrew's will serve at the Common Ground Free Store in Delaware on Saturday, March 18. Sign-up sheets for volunteers and food are available in the Narthex today. Watch for more details in "The Net" next week!

Weekday prayer services March 8 and March 22

The prayer services in March will be Wednesday the 8th, and the 22nd in the Sanctuary from Noon to 1 p.m. Meet with the Lord during Lent! "They took palm branches and went out to meet him, shouting, 'Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the king of Israel!' " (*John 12:13*)

Women's Bible Study this coming Tuesday, March 7

The Tuesday morning Women's Bible Study will be Tuesday, March 7, from 9:30 to 11 a.m., at the Parish House. All women of the parish are welcome.

The group is doing a DVD study of the book "If: Trading Your If Only Regrets for God's What If Possibilities," by Mark Batterson. This five-week study is based on Romans 8, a powerful passage of scripture that Tally Whitehead, who facilitates the Tuesday Morning Women's Bible Study, chose to coincide with the group's "one word" journey, a process of discerning their one word from God for 2017. Through this study, Tally hopes to make Tuesday mornings a sacred space for transformation, not just for information.

Lenten Study Program

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movement of kindness in these often less than kind times. Fr. Ron will be highlighting one of the main points from the book on each of the five weeks of the Lenten Study Program, which will be held from 6:15 to 8 p.m. on Tuesdays through April 4. We'll once again start with a simple supper of soup and salad, and discussion time in small groups will follow Fr. Ron's message. The main idea of the study is that by being intentionally kind for 30 continuous days, your attitude and behavior will become more kind toward another person, a relationship or organization (or even a country). For the purposes of Lent, we will focus on being more kind toward the church in general, and each person will be able to personalize their kindness journey.

We're once again counting on individuals and small groups to provide food for the meals. Please see the sign-up sheet at the Information Desk for details and to sign up.

As in past years, we'll also be offering a younger kids program, with middle and high school youth being invited to help out there or join the adults in the Sanctuary.

The five topics for each week will be: Why Kindness, Nix the Negativity, Practice Praise, Carry out Generosity, and Superpower Kindness: Making it a Habit.

Here's an opportunity for those who can't make Tuesdays

For those who can't make Tuesday nights, Tally has a unique opportunity for you. She was able to secure a few extra books, so anyone who commits to hosting their own kindness small group will receive a free copy, as well as all the supplies you need to facilitate a five- to six-week small group. We know not everyone can make it on Tuesday evenings, so we hope some of you will be led to take a chance and participate with us in Lent this way! You will be responsible for inviting people to your small group and a good way to start this process is to make a list of friends or neighbors to invite to join you.

Small groups don't have to be big. If you are single, three to four people can be a small group. If you are married with children, three to four couples with their kids is more than enough for a small group. And this material leads itself; you just need to have an open heart to facilitate!

Tally only has a few extra books, so please pray about your commitment to hosting a small group and finding people to join you before talking to Tally. You may contact her at 740-548-1765 or twhitehead@standrewspolaris.org for more information.

Lenten Mite Boxes

Continued from the front

Church in North American (ACNA) with an offer of a dollar-for-dollar matching gift of up to \$1 million if our Province can raise \$1 million, to fund programs that reach some of the most vulnerable and under-resourced populations, fulfilling Jesus' call to love "the least of these." (*Matthew 25:40*)

In the spirit of the anonymous donor's generosity, the Brotherhood here at St. Andrew's has graciously offered to match giving to the Matthew 28 initiative by our parish, up to \$1,000!

There is already a lot of good work going on across the ACNA related to ministries of justice and mercy. The national church is finding that the younger generation in particular is energized and engaged around these topics and churches are reaching out to "the least of these" in their varied contexts. In fact, to date, 68 different ministries have applied for matching grants under the Matthew 25 Initiative; about 40 of these met the specific criteria and were awarded a matching grant.

Among them are two in Ohio: "Not Wasted,": a ministry of Holy Spirit Anglican Church in Akron that is committed to the successful community reentry for women who have been incarcerated or in addiction through job skills training; and the St. Lazarus Mission, a nursing home Ministry in Dayton.

M25i gathers resources, both human and financial, and multiplies them for the good of the Gospel and the ministry of Christ.

Cookie-baking event this coming Tuesday

The Daughters of the Holy Cross is planning a get-together to bake cookies for the Men's Kairos prison ministry, on Tuesday, March 7, at the Church of the Messiah, 51 N. State St. in Westerville, from 12 to 5 p.m.

The church is a few blocks north of the old St. Matthew's, on the same side of the street, in Uptown Westerville.

We would love to see as many of you who can make it. Come to bake, or just to visit! There will be lots of cookies on hand to bake.

If you have a favorite recipe you want to share, please bring it (dough already prepared) for baking. We are unable to mix ingredients at the church due to lack of equipment, but they have graciously offered their ovens and baking sheets to us.

The typical favorite cookies are chocolate chip, peanut butter and oatmeal/raisin.

For security reasons, the Kairos team does require certain specifications when baking cookies: They must be 2-3" in diameter; no iced cookies; no sugar cookies; no powdered sugar; and no sprinkles.

Please check your calendars. The sign-up sheet is in the Narthex.

We promise to be finished by 5 p.m., so we can attend our Lenten Study at 6:15.

We're looking forward to seeing many of you on Tuesday, March 7!

Can't make it to the first baking extravaganza?

Well, the Daughters of the Holy Cross is planning a second baking day at the same church on Tuesday, March 28.

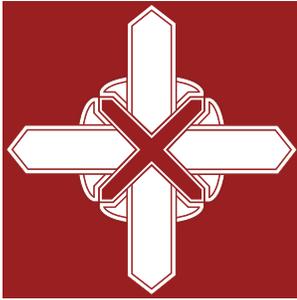
This time we plan to bake lots of different things for the Common Ground Ministry. Included, of course, will be cookies, but we want to bake mini breads and muffins, too.

All food will be delivered to Common Ground that week so the families who are being served may enjoy an extra treat and may even have something to take home.

You may also sign up in the Narthex for that date.

Ash Wednesday began the holy journey to the Cross that we call Lent. Lent is a time to put away the cares of the world and to follow our Lord and Savior to Jerusalem, to Calvary, and to the Tomb. It's a time to prepare our hearts, minds, bodies and souls to accept the great sacrifice that Jesus made for us. If we keep a Holy Lent, then the true meaning and joy of Easter permeates our life in fullness, because we have journeyed to the death that is Calvary; the sacrifice that is the Cross. We are thus empowered to the new life of the Resurrection.

In the penitential season of Lent, the Church asks the faithful to lay aside our own concerns and to remember what the price of Easter was and is: The Crucifixion of the only Son of God! Many Christians adopt a four-fold discipline of prayer, fasting, study, and almsgiving in Lent. This year, St. Andrew's is offering several ways to help you along your Lenten journey.



Prayer

It is important that we set aside a few minutes each day to be with our God; to look at our lives and to seek his will for us. You cannot follow Christ unless you take time to ask where he is going. The Daily Office offers an excellent pattern for daily prayer. You'll find the Anglican Church in North America's Daily Office online at anglicanchurch.net/?/main/texts_for_common_prayer, or on Page 35 of the "Book of Common Prayer."

Many of you already pray weekly for the Church, including our own parish, using the "Prayers for the Church" taken from the Sunday liturgy's Prayers of the People, and included in "The Net" each week. If you don't already do this, Lent

would be an excellent time to start praying regularly for the Church, seeking God's blessing on his people, and also his guidance as we seek to fulfill his mission in this place.

You can also find resources for your Lenten journey, including a variety of online sources for prayers for the season of Lent, on our website, standrewspolaris.org. Click on the "Lenten Resources" button on the home page.

Fasting

Fasting is not a popular concept in our time. Dieting, yes; but not fasting. Perhaps that is because we do not understand why we do it. In Lent, we fast in two ways. The first is known to most of us: We "give something up" for Lent. Giving up something is another way of saying fasting. We fast from something. We generally give up something that we know we will miss so that the absence of it, the desire for it, will keep in our minds the sacrifice that Christ made for us: His very life. What we give up is not nearly so important as that we do give up something that we will miss. Sundays are feast days in Lent; a time when we can splurge a little and have what we gave up. This is because Sunday is the day of the Resurrection, when our Lord's life was restored to him.

Study

Lent is also a time when we make time to learn more about the faith. This Lent, St. Andrew's is once again offering a five-week parish-wide Lenten Study and Soup Supper Program on Tuesdays from 6:15 to 8 p.m., March 7 through April 4. With programs for adults, youth and children, our hope is that families will come together to make this Lent a time of discipleship, fellowship and worship. Read more about this year's program elsewhere in "The Net" today.

Almsgiving

Almsgiving is historically the giving of gifts or money to the poor. There are several opportunities available to the parish this Lenten season to aid us in this discipline, including the Lenten Mite Boxes for the Matthew 25 initiative, and, of course, our weekly outreach offerings.

Embrace the Journey_____

Continued from the front

Death is inevitable, but we tend to live life pretending death only happens to others. Because of medical advances, we are living longer, and dying is more complicated, drawn out, and removed from the experience of most people. Death is hidden in hospital rooms and nursing homes, removed from daily life. Most of us find ourselves at a loss when death approaches. We don't know how to die gracefully.

While it is difficult to discuss death and end-of-life issues, it is important to be prepared, whether for yourself or for a loved one. Healthcare decisions, medical ethics, and legal issues, as well as personal aspects that are emotional and spiritual in nature, must be considered.

"Embrace the Journey" provides practical information, such as writing your obituary and guidelines for appointing a healthcare advocate, but also features spiritual guidance, as participants learn about the biblical perspective on aging, dying, and heaven.

The series will look at what the Bible teaches us about mortal life and eternal life; hospice and comfort care; practical steps to prepare for aging and dying; and the role of the church in helping people embrace the journey of suffering, death, and heaven.

Collection to aid students_____

Continued from the front

of illness among local school children, is now collecting tissues, sanitary hand wipes and hand sanitizers to donate to Olentangy Meadows Elementary, an elementary school in our church community. Items may be placed in the barrel behind the Information Desk next to the Common Ground collection basket.

Influenza symptoms include fever, cough, sore throat, body aches, headache, chills and fatigue. Flu can become deadly when it progresses to pneumonia and respiratory failure with both children and the elderly particularly vulnerable. For tips from the Ohio Department of Health about how to protect yourself, your family and others from the flu, including where you can still get the flu vaccine, go to www.odh.ohio.gov/features/odhfeatures/seasflu/preventflu.aspx