

*Psalms 107:1-3; 23-32*

It is a good thing to give thanks unto the Lord, \*  
and to sing praises unto your Name, O Most High;

O give thanks unto the LORD, for he is gracious, \*  
and his mercy endures for ever.

Let those whom the LORD has redeemed give thanks, \*  
whom he has delivered from the hand of the enemy,

And gathered them out of the lands, from the east and from the west, \*  
from the north and from the south.

Those who go down to the sea in ships \*  
and carry out their business in great waters;

They see the works of the LORD \*  
and his wonders in the deep.

For at his word the stormy wind arises \*  
which lifts up the waves.

They are carried up to heaven and down again to the deep; \*  
their soul melts away because of the trouble.

They reel to and fro and stagger like a drunken man \*  
and are at their wits' end.

So when they cry unto the LORD in their trouble, \*  
he delivers them out of their distress.

For he makes the storm to cease \*  
so that the waves are still.

Then they are glad, because they are at rest, \*  
and so he brings them into the haven where they would be.

O that they would therefore praise the LORD for his goodness \*  
and declare the wonders that he does for the children of men!

That they would exalt him also in the congregation of the people \*  
and praise him in the seat of the elders!